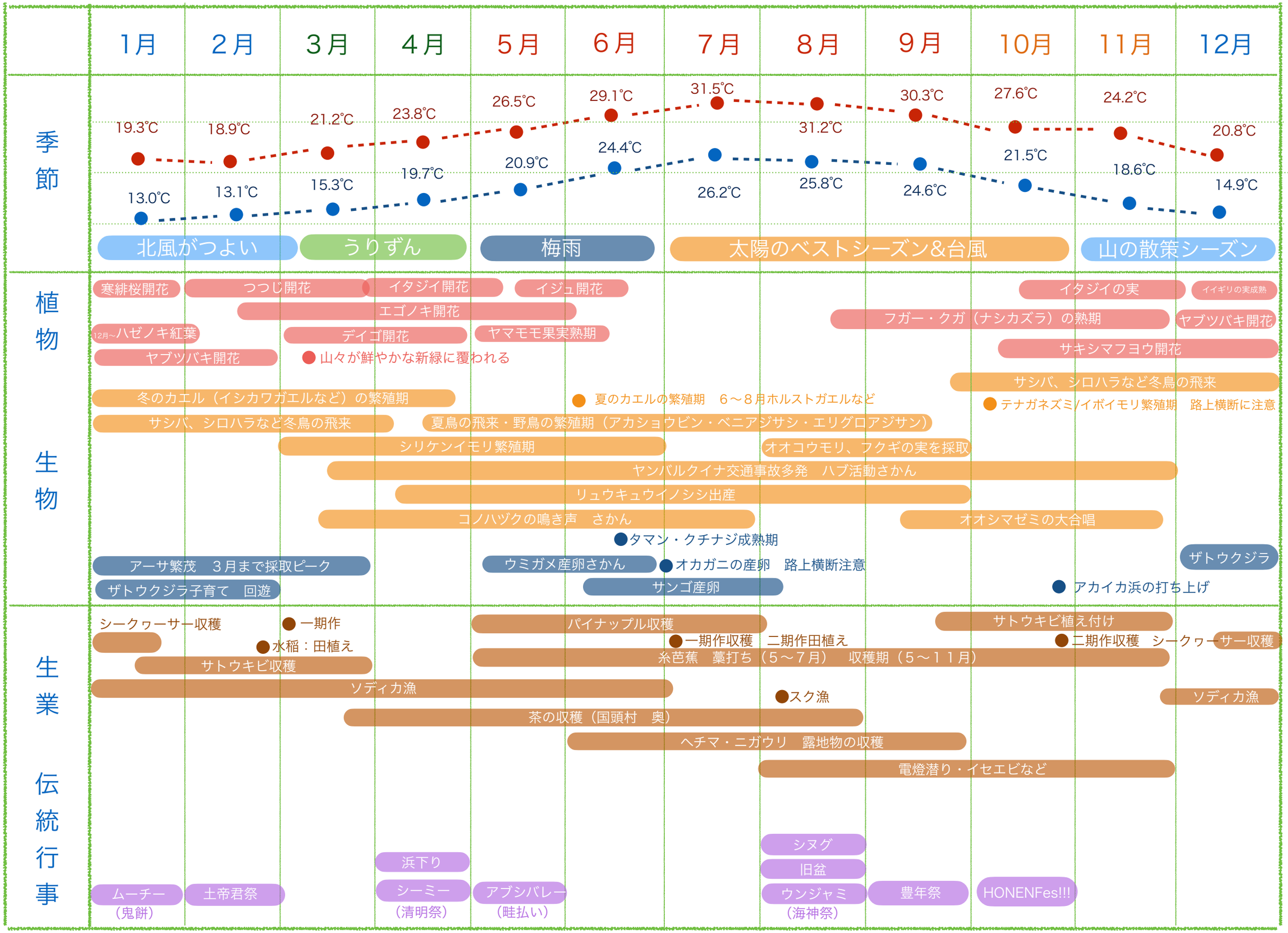やんばるフェノロジーカレンダー